

Carefree Participation Triangle

COLLABORATIVE PARTICIPATION

Young people chair
Corporate Parenting Board

Voice for others.....

MAKING A CHANGE FOR OTHERS

The Care for Change Council
Young people Carefree shadow board
Local campaigning and steering groups
National campaigns for change

Having your voice heard.....

LEARNING HOW TO MAKE CHANGE FOR OTHERS

Participation groups
Foster carer and social worker training
Care leaver participation days
Interviewing and recruitment
Consultations with young people

Several of Carefree staff are themselves care experienced

SUPPORT AND KEEPING IN TOUCH

Additional support at times of transition - like leaving care, leaving school, getting a job, becoming a parent. All young people are kept in touch with every 3 months on a voluntary basis (and can leave and come back when they want to)

Raising your voice.....

BUILDING RELATIONSHIPS

120 Young people aged 11 to 25 attend positive activities and groups
Young people are befriended by a worker and a peer mentor

ENGAGEMENT and RE-ENGAGEMENT

700 young people in care get newsletters from Carefree twice a year. and 160 are in touch with their PA. Support from schools, foster carers and social workers, self referrals
Participation and engagement events - "its been emotional" Christmas dinner for Care Leavers