

A pair of red curtains with a black opening in the center. The text "Out Of Silence" is written in yellow across the opening.

Out Of Silence

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For 10 weeks 8 young people from Carefree Cornwall met at the Royal Cornwall Museum. Working with theatre practitioner Tori Cannell and Carefree youth workers they formed their drama group; "Out of Silence".

They explored what heritage and culture means to them, through creative games and drama. Their explorations were inspired by the people, stories and objects that have significance for them.

Thank you for all the fun, imagination, creativity, bravery, support and friendship you gave to one another.

The play

Act one - Setting the scene

Scene 1 - *Hide and Seek.*

We had not all met before, so we spent time playing games and getting to know one another and the museum space. Hide and seek was a firm favourite.

Scene 2 - *Our journey begins.*

Starting off in just one room, not sure what to expect, it wasn't long before we were exploring the whole of the museum. Interacting with the space, its exhibits and one another.

Act two - Into the spotlight

Scene 1 - *Taking shape.*

It wasn't always easy, some of us had not acted before and felt nervous to do so. Others, at times, had conflicting things going on elsewhere in our lives. We had some conflicts in the group as well, but we worked together to resolve them.

Our confidence and support of one another grew and out of silence, our stories and performances emerged.

What a team!

Scene 2 - *Take a bow and enjoy the applause.*

A well-deserved celebration and awards ceremony to celebrate everyone's achievements.

The reviews

"It helps with my anxiety and my anger issues so much. It's like when I come home from school on a Wednesday just knowing that I can come here, it just helps with my anxiety"

"It's nice to meet good people who are genuinely wanting to improve on skills. Even if you have not got that skill you can still work on it and improve it. Like ... said he had stage fright but he still did amazing and like ... was nervous, saying like this could be really bad and yet she smashed it"

"It makes me happy because I get to see my friends that I have made and I feel like it helps my confidence as well as I can barely do things in front of people in other places"

"It is really fun showing people what you can do"

"You don't feel pressured into what to do, you can kind of go with it, make up your own thing instead of a specific thing"

"I have been helping others to act when they are not confident"

"Yes, you helped me"

"At the start of the groups I was a bit distant and hesitant with the games. Now I'm a tiny bit more confident because I have got to know you a lot better. So I am starting to push myself into doing a few more things"

"What calmed me down was thinking about how fun this group was going to be tonight and what I've got to look forward to. It really helps. It gives me something to go towards, so, if I do have a bad day in school I've always got, that something after school, that I can do, that will make me in a more positive mind set"

"I know how to act it, but not how to put it into words"

The highlights

We played games, were silly and had fun, we did drama, acting, singing, performing on the stairs, falling down the stairs, mini scenes, improvisation, went backstage at The Hall for Cornwall theatre.

We had the museum to ourselves to explore, met actors, dancers, artists and talked to them about their work. We have made a good bond with people, been inspired and made friends.

The company

Archie



My love for banana bread. Banana bread is banging. It is peng. When you eat it, how can I explain? It is just like scoring 3 tries in a row in rugby. Or like a hat trick in football. It feels good to have made it for the first time. No one inspires me, just me. Theatre means entertainment and a way for people to express themselves. This group is good because I've made new friends. I have really enjoyed the group, especially seeing everyone.

James



Football is special to me. I have been playing since I was 2. For 12 years now. Whenever I feel sad football makes me happy and makes me want to carry on with everything. My talents are singing and beatboxing. Inspiration - Lionel Messi and Manchester United. The way Man U have got beaten down but then got back up has inspired me to try my hardest. Theatre means making friends and showing others what you can do and teamwork. This group is fun. I love meeting everyone here, spending some time with everyone and making new friends.

Carter



My dog is important to me because he helps me emotionally. If I come home from school, like really mad, he helps me. He's a French Mastiff, very big and ginger. My talents are singing and dancing. My inspiration is Michael Jackson, music and the friends I have. Theatre means literally everything to me. Acting and acting, just acting. This group means everything to me. I come home from school get in the taxi and have a good time.

Molly



Being a peer mentor is important to me because I get to meet lots of new people and help them in ways that I couldn't have been helped. I just want to make everyone else happy and help people not make the same mistakes I made. My talent is singing and song writing. Billie Eilish is someone who inspires me. I want to become a singer. Theatre means to have fun, be happy, to perform and have an audience. To me this group means, friendships, working together and performing.

Chloe



I have got this cat teddy at home. Tabitha. It is really important to me. My mum gave it to me when I was 4. My talent is playing football. My friend from school plays football and has inspired me to play it too. Theatre means acting on stage, expressing your ideas and how you feel. This group is my happy place. I look forward to it all day. I get to socialise with people like me. I do fun activities and get to be with people who support me.

Nathalie



This keyring is special to me. My friend gave it to me. My talent is singing. I really look up to Adele. She is an amazing singer. However, I would like to be a vet or a chef when I'm older. Theatre means a big stage and lots of people performing. This group is playing hide and seek and making new friends.

Crystal



My bracelet is special to me because my Gran got it me for prom. I wear it all the time. My talent is film editing. My inspiration is Tom Holland and the likes I get on Tik Tok keep me going to make more films. Theatre means no boredom. You can watch it and there is a chance to make money from it too. This group for me is fun and friendship.

Selena



My sister is special to me. Whenever I get upset she is always there. She says everything is alright and, she says, she will always be there for me. My talents are singing, dancing, acting, trampolining and horse riding. My inspiration is Ariana Grande, my family, friends and my puppy. Theatre means you can watch the actors dancing and singing. It is their dream to do it and everyone can watch it and have a good time. This group is everything. On Tuesdays when I come home from school and I might be sad, I know it's Carefree on Wednesday.



**SHOUT
OUT
LOUD**

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